

New Patient Form

Date _____

First Name _____ Last Name _____

Nickname _____

DOB _____ Birth Sex: Male Female SSN _____

Email _____

Address _____ City _____

State _____ Zip _____

Phone 1 _____ Phone 2 _____

Home Mobile Work Other Home Mobile Work Other

Job Status: Not Employed Employed Retired Student

Marital Status: Single Married Other _____

Are you Pregnant? Yes No

Reason for Visit _____

How Heard of Us:

Social Media Google Website Referral Referred by _____

Appointment Reminders: Decline Voice Text Email

Message Contact: Decline Voice Text Email

Demographics

Race:

Declines to Specify

White

Asian

Black or African American

American Indian or Alaska
Native

Hawaiian or Pacific Islander

Other

Ethnicity:

Declines to Specify

Hispanic or Latino

Not Hispanic or Latino

Hand Dominance:

Right

Left

Ambidextrous

Gender Identity:

Male

Female

Non-binary

Previous Name:

(for insurance purposes)

Emergency Contact

First Name _____ Last Name _____

Phone 1 _____ Phone 2 _____

Relationship _____

Employment Info

(Workers Compensation Only)

Employer _____ Employer Phone _____

Occupation _____

Primary Care Provider _____

Insurance

(If you have given us your insurance card, don't fill this out)

Primary Insurance

Insured First Name _____ Insured Last Name _____

DOB _____ Relationship to Insured Self Spouse Child Other

Insurance Name _____ Insurance Phone _____

ID# _____ Group# _____

Renewal Date _____

Secondary Insurance

Insured First Name _____ Insured Last Name _____

DOB _____ Relationship to Insured Self Spouse Child Other

Insurance Name _____ Insurance Phone _____

ID# _____ Group# _____

Renewal Date _____

MIST

Medications/Vitamins/Supplements:

Medication_____	Dose_____	Frequency_____	Start Date_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Allergies:

Allergy_____ Severity_____ Onset_____

Side effect Intolerance Reaction

Allergy_____ Severity_____ Onset_____

Side effect Intolerance Reaction

NOTES:

Past and Present Illnesses/Disorders:

Illness/Disorder _____ Onset _____ End Date _____

Current Resolved Inactive

Illness/Disorder _____ Onset _____ End Date _____

Current Resolved Inactive

Illness/Disorder _____ Onset _____ End Date _____

Current Resolved Inactive

Surgeries:

Surgery _____ Date _____

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Traumas:

Trauma _____ Date _____

Current Resolved Inactive

Trauma _____ Date _____

Current Resolved Inactive

Trauma _____ Date _____

Current Resolved Inactive

Daily Habits

Do you smoke? Never smoked Current smoker Former smoker

If yes, how many packs per day? _____

If yes, how many years have you smoked? _____

Daily caffeinated beverages:

Unknown None 1-3 4-6 7-10 11-15 over 15

Weekly alcoholic beverages:

Unknown None 1-3 4-6 7-10 11-15 over15

Do you exercise regularly? No Light Moderate Heavy

What is your stress level? None Low Moderate Severe

What is your sleep like?

Restful Trouble Falling asleep Trouble staying asleep Other: _____

Energy Level: Good Insufficient Erratic

Complaint

Chief complaint: What is your main complaint? _____

Location: Please circle the area(s) where you experience symptoms.

Frequency: How often do you experience pain?

- Occasional (1-25%)
- Intermittent (26-50%)
- Frequent (51-75%)
- Constant (75-100%)

Onset: When did the symptoms start? _____

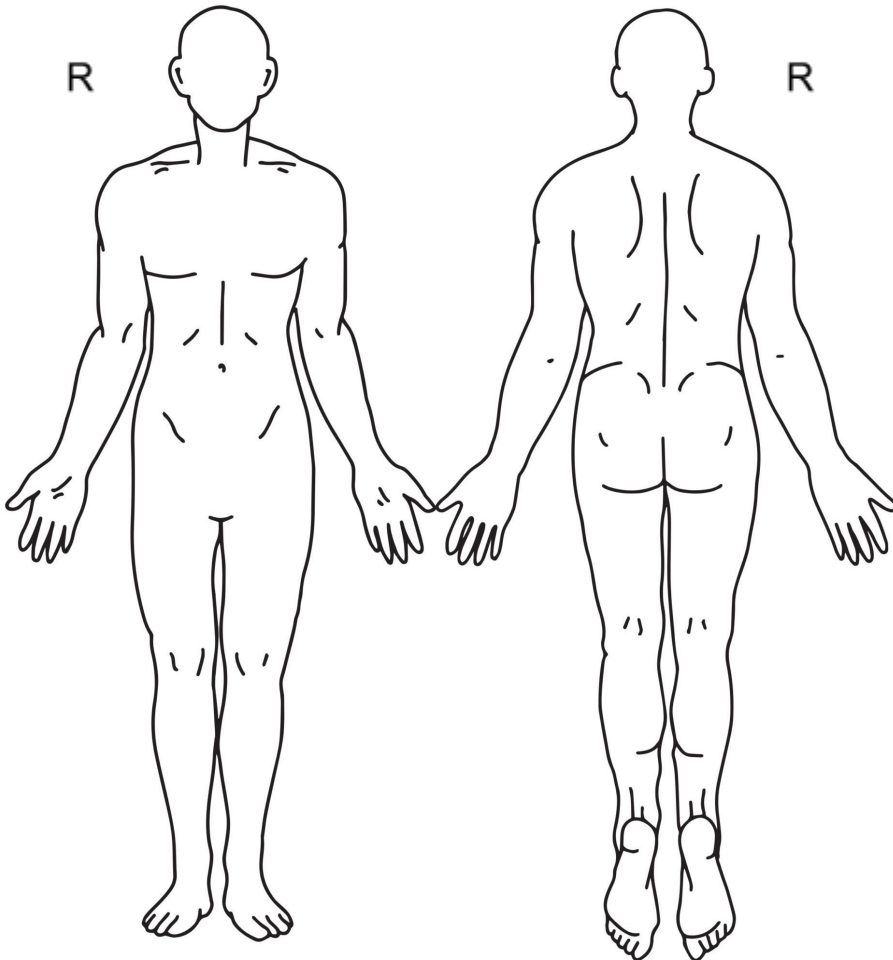
Cause: Do you know what caused the problem? _____

Compared to when it began, is your condition:

- Same
- Better
- Worse

Intensity: On a scale of 1-10, what is your pain level today?

1 2 3 4 5 6 7 8 9 10



Quality: Describe your pain

- aching burning cramping deep dull numb radiating sharp
 shooting sore stabbing stiff swelling tight tingling throbbing
 other: _____

Aggravating Factors: What makes the problem worse?

- most movements bending carrying things eating exercise heat
 housework lying to sitting sitting to standing ice lying down massage
 sitting standing stretching deep breathing twisting walking
 other: _____

Does the pain travel anywhere else? Yes No If yes, where? _____

Relieving Factors: What makes the problem better?

- nothing anti-inflammatories bracing chiropractic care elevation exercise
 heat ice massage movement painkillers rest stretching walking
 wraps other: _____

What daily activities are affected due to the problem?

- caring for children driving eating exercising hygiene housework lifting
 sex sleeping social/recreational activities toileting using technology walking
 working other: _____

Have you been given a diagnosis for the problem? Yes No

If yes, what was the diagnosis? _____

What treatments have you tried for your condition?

- None Medication Surgery Physical therapy Chiropractic Massage Therapy
 Other: _____
-

Review of Systems

Other than your current complaint, what concerns have you experienced in the following systems?

Musculoskeletal: Never Previously Currently I don't know

If yes, please specify: _____

Cardiovascular/Respiratory: Never Previously Currently I don't know

If yes, please specify: _____

Head/Neck: Never Previously Currently I don't know

If yes, please specify: _____

Eyes: Never Previously Currently I don't know

If yes, please specify: _____

Nose: Never Previously Currently I don't know

If yes, please specify: _____

Ears: Never Previously Currently I don't know

If yes, please specify: _____

Throat/Mouth: Never Previously Currently I don't know

If yes, please specify: _____

Urinary: Never Previously Currently I don't know

If yes, please specify: _____

Gastrointestinal: Never Previously Currently I don't know

If yes, please specify: _____

Endocrine: Never Previously Currently I don't know

If yes, please specify: _____

Vascular/Hematologic: Never Previously Currently I don't know

If yes, please specify: _____

Neurologic: Never Previously Currently I don't know

If yes, please specify: _____

Psychiatric: Never Previously Currently I don't know

If yes, please specify: _____

Genitourinary or Reproductive: Never Previously Currently I don't know

If yes, please specify: _____