

**New Patient Form**

Date \_\_\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Nickname \_\_\_\_\_

DOB \_\_\_\_\_ Birth Sex:  Male  Female SSN \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone 1 \_\_\_\_\_ Phone 2 \_\_\_\_\_ Email \_\_\_\_\_

Home  Mobile  Work  Other  Home  Mobile  Work  Other

Job Status:  Not Employed  Employed  Retired  Student

Marital Status:  Single  Married  Other \_\_\_\_\_ Are you Pregnant?  Yes  No

**Reason for Visit** \_\_\_\_\_

**How Heard of Us:**

Social Media  Google  Website  Referral Referred by \_\_\_\_\_

**Appointment Reminders:**  Decline  Voice  Text  Email

**Message Contact:**  Decline  Voice  Text  Email

**Demographics**

Race:

- Declines to Specify
- White
- Asian
- Black or African American
- American Indian or Alaska Native
- Hawaiian or Pacific Islander
- Other

Ethnicity:

- Declines to Specify
- Hispanic or Latino
- Not Hispanic or Latino

Hand Dominance:

- Right
- Left
- Ambidextrous

Gender Identity:

- Male
- Female
- Non-binary

Previous Name: \_\_\_\_\_  
(for insurance purposes)

**Emergency Contact**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Relationship \_\_\_\_\_

Phone 1 \_\_\_\_\_ Phone 2 \_\_\_\_\_

**Employment Info**

(Workers Compensation Only)

Employer \_\_\_\_\_ Employer Phone \_\_\_\_\_ Occupation \_\_\_\_\_

**Primary Care Provider** \_\_\_\_\_

## Insurance

(If you have given us your insurance card, don't fill this out)

### Primary Insurance

Insured First Name \_\_\_\_\_ Insured Last Name \_\_\_\_\_  
DOB \_\_\_\_\_ Relationship to Insured Self Spouse Child Other  
Insurance Name \_\_\_\_\_ Insurance Phone \_\_\_\_\_  
ID# \_\_\_\_\_ Group# \_\_\_\_\_ Renewal Date \_\_\_\_\_

### Secondary Insurance

Insured First Name \_\_\_\_\_ Insured Last Name \_\_\_\_\_  
DOB \_\_\_\_\_ Relationship to Insured Self Spouse Child Other  
Insurance Name \_\_\_\_\_ Insurance Phone \_\_\_\_\_  
ID# \_\_\_\_\_ Group# \_\_\_\_\_ Renewal Date \_\_\_\_\_

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## MIST

### Medications/Vitamins/Supplements:

Medication	Dose	Frequency	Start Date
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

### Allergies:

Allergy	Severity	Onset	<input type="radio"/> Side effect <input type="radio"/> Intolerance <input type="radio"/> Reaction
_____	_____	_____	<input type="radio"/> Side effect <input type="radio"/> Intolerance <input type="radio"/> Reaction
_____	_____	_____	<input type="radio"/> Side effect <input type="radio"/> Intolerance <input type="radio"/> Reaction

### Past and Present Illnesses/Disorders:

Illness/Disorder	Onset	End Date	<input type="radio"/> Current <input type="radio"/> Resolved <input type="radio"/> Inactive
_____	_____	_____	<input type="radio"/> Current <input type="radio"/> Resolved <input type="radio"/> Inactive
_____	_____	_____	<input type="radio"/> Current <input type="radio"/> Resolved <input type="radio"/> Inactive

### Surgeries:

Surgery	Date
_____	_____
_____	_____

### Traumas:

Trauma	Date	<input type="radio"/> Current <input type="radio"/> Resolved <input type="radio"/> Inactive
_____	_____	<input type="radio"/> Current <input type="radio"/> Resolved <input type="radio"/> Inactive
_____	_____	<input type="radio"/> Current <input type="radio"/> Resolved <input type="radio"/> Inactive

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## Daily Habits

Do you smoke?  Never smoked  Current smoker  Former smoker

If yes, how many packs per day? \_\_\_\_\_ If yes, how many years have you smoked? \_\_\_\_\_

Daily caffeinated beverages:  Unknown  None  1-3  4-6  7-10  11-15  over 15

Weekly alcoholic beverages:  Unknown  None  1-3  4-6  7-10  11-15  over 15

Do you exercise regularly?  No  Light  Moderate  Heavy What is your stress level?  None  Low  Moderate  Severe

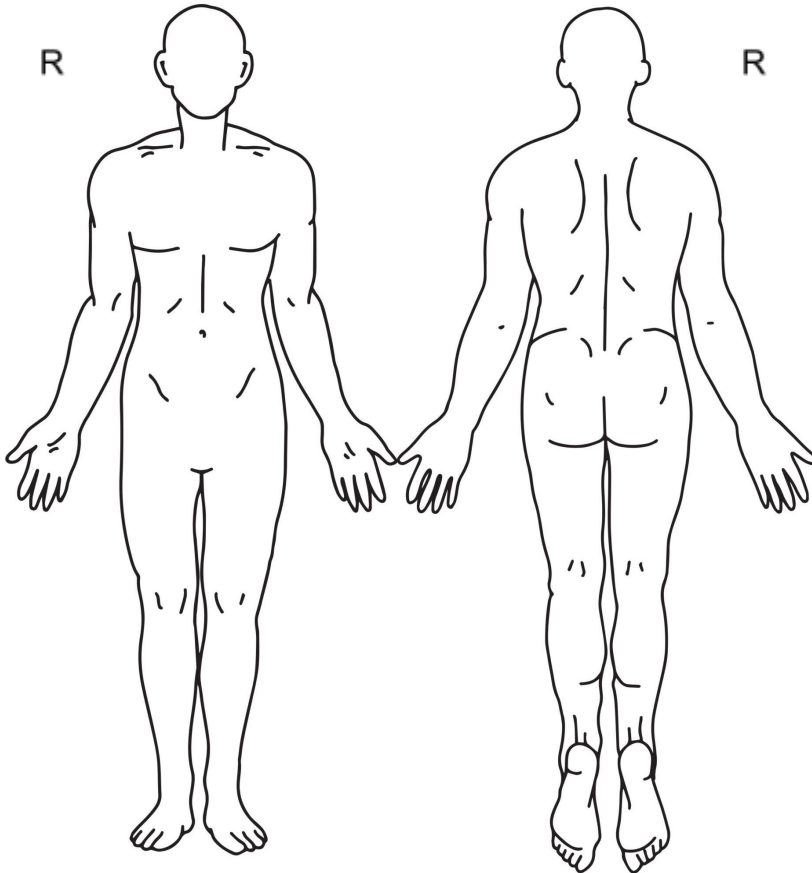
What is your sleep like?  Restful  Trouble Falling asleep  Trouble staying asleep  Other: \_\_\_\_\_

Energy Level:  Good  Insufficient  Erratic

## Complaint

**Chief complaint:** What is your main complaint? \_\_\_\_\_

**Location:** Please circle the area(s) where you experience symptoms.



**Frequency:** How often do you experience pain?

- Occasional (1-25%)  
 Intermittent (26-50%)  
 Frequent (51-75%)  
 Constant (75-100%)

**Onset:** When did the symptoms start?

\_\_\_\_\_

**Cause:** Do you know what caused the problem?

\_\_\_\_\_

**Compared to when it began, is your condition:**

- Same  Better  Worse

**Intensity:** On a scale of 1-10, what is your pain level today?  
(Circle one)

1 2 3 4 5 6 7 8 9 10

**Quality:** Describe your pain

- aching  burning  cramping  deep  dull  
 numb  radiating  sharp  shooting  sore  
 stabbing  stiff  swelling  tight  tingling  
 throbbing  other: \_\_\_\_\_

**Aggravating Factors:** What makes the problem worse?

- most movements  bending  eating  exercise  
 heat  housework  carrying things  lying down  
 lying to sitting  sitting to standing  ice  massage  
 sitting  standing  stretching  deep breathing  
 twisting  walking  other: \_\_\_\_\_

**Does the pain travel anywhere else?**  Yes  No If yes, where? \_\_\_\_\_

**Relieving Factors:** What makes the problem better?

- nothing  anti-inflammatories  bracing  chiropractic care  elevation  exercise  heat  ice  massage  movement  
 painkillers  rest  stretching  walking  wraps  other: \_\_\_\_\_

**What daily activities are affected due to the problem?**

- caring for children  driving  eating  exercising  hygiene  housework  lifting  sex  sleeping  social/recreational activities  
 toileting  using technology  walking  working  other: \_\_\_\_\_

**Have you been given a diagnosis for the problem?**  Yes  No If yes, what was the diagnosis? \_\_\_\_\_

**What treatments have you tried for your condition?**

- None  Medication  Surgery  Physical therapy  Chiropractic  Massage Therapy  Other: \_\_\_\_\_

## Review of Systems

Other than your current complaint, what concerns have you experienced in the following systems?

**Musculoskeletal:**  Never  Previously  Currently  I don't know

If yes, please specify: \_\_\_\_\_

**Cardiovascular/Respiratory:**  Never  Previously  Currently  I don't know

If yes, please specify: \_\_\_\_\_

**Head/Neck:**  Never  Previously  Currently  I don't know

If yes, please specify: \_\_\_\_\_

**Eyes:**  Never  Previously  Currently  I don't know

If yes, please specify: \_\_\_\_\_

**Nose:**  Never  Previously  Currently  I don't know

If yes, please specify: \_\_\_\_\_

**Ears:**  Never  Previously  Currently  I don't know

If yes, please specify: \_\_\_\_\_

**Throat/Mouth:**  Never  Previously  Currently  I don't know

If yes, please specify: \_\_\_\_\_

**Urinary:**  Never  Previously  Currently  I don't know

If yes, please specify: \_\_\_\_\_

**Gastrointestinal:**  Never  Previously  Currently  I don't know

If yes, please specify: \_\_\_\_\_

**Endocrine:**  Never  Previously  Currently  I don't know

If yes, please specify: \_\_\_\_\_

**Vascular/Hematologic:**  Never  Previously  Currently  I don't know

If yes, please specify: \_\_\_\_\_

**Neurologic:**  Never  Previously  Currently  I don't know

If yes, please specify: \_\_\_\_\_

**Psychiatric:**  Never  Previously  Currently  I don't know

If yes, please specify: \_\_\_\_\_

**Genitourinary or Reproductive:**  Never  Previously  Currently  I don't know

If yes, please specify: \_\_\_\_\_