

New Patient Form

Date _____

First Name _____ Last Name _____

Nickname _____

DOB _____

Birth Sex: ☐ Male ☐ Female

SSN _____ - _____ - _____

Address _____ City _____ State _____ Zip _____

Phone 1 _____

Phone 2 _____

Email _____

☐ Home ☐ Mobile ☐ Work ☐ Other☐ Home ☐ Mobile ☐ Work ☐ OtherJob Status: ☐ Not Employed ☐ Employed ☐ Retired ☐ StudentMarital Status: ☐ Single ☐ Married ☐ Other _____Are you Pregnant? ☐ Yes ☐ No

Reason for Visit _____

How Heard of Us:☐ Social Media ☐ Google ☐ Website ☐ Referral Referred by _____Appointment Reminders: ☐ Decline ☐ Voice ☐ Text ☐ EmailMessage Contact: ☐ Decline ☐ Voice ☐ Text ☐ Email**Demographics**

Race:

- ☐ Declines to Specify
☐ White
☐ Asian
☐ Black or African American
☐ American Indian or Alaska Native
☐ Hawaiian or Pacific Islander
☐ Other

Ethnicity:

- ☐ Declines to Specify
☐ Hispanic or Latino
☐ Not Hispanic or Latino

Hand Dominance:

- ☐ Right
☐ Left
☐ Ambidextrous

Gender:

- ☐ Male
☐ Female

Previous Name: _____
(for insurance purposes)**Emergency Contact**

First Name _____ Last Name _____ Relationship _____

Phone 1 _____ Phone 2 _____

Employment Info

(Workers Compensation Only)

Employer _____ Employer Phone _____ Occupation _____

Primary Care Provider _____

Insurance

(If you have given us your insurance card, don't fill this out)

Primary Insurance

Insured First Name _____ Insured Last Name _____
DOB _____ Relationship to Insured ☐Self ☐Spouse ☐Child ☐Other
Insurance Name _____ Insurance Phone _____
ID# _____ Group# _____ Renewal Date _____

Secondary Insurance

Insured First Name _____ Insured Last Name _____
DOB _____ Relationship to Insured ☐Self ☐Spouse ☐Child ☐Other
Insurance Name _____ Insurance Phone _____
ID# _____ Group# _____ Renewal Date _____

MIST

Medications/Vitamins/Supplements:

Medication	Dose	Frequency	Start Date
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Allergies:

Allergy	Severity	Onset	<input type="radio"/> Side effect <input type="radio"/> Intolerance <input type="radio"/> Reaction
_____	_____	_____	<input type="radio"/> Side effect <input type="radio"/> Intolerance <input type="radio"/> Reaction
_____	_____	_____	<input type="radio"/> Side effect <input type="radio"/> Intolerance <input type="radio"/> Reaction

Past and Present Illnesses/Disorders:

Illness/Disorder	Onset	End Date	<input type="radio"/> Current <input type="radio"/> Resolved <input type="radio"/> Inactive
_____	_____	_____	<input type="radio"/> Current <input type="radio"/> Resolved <input type="radio"/> Inactive
_____	_____	_____	<input type="radio"/> Current <input type="radio"/> Resolved <input type="radio"/> Inactive

Surgeries:

Surgery	Date
_____	_____
_____	_____

Traumas:

Trauma	Date	<input type="radio"/> Current <input type="radio"/> Resolved <input type="radio"/> Inactive
_____	_____	<input type="radio"/> Current <input type="radio"/> Resolved <input type="radio"/> Inactive
_____	_____	<input type="radio"/> Current <input type="radio"/> Resolved <input type="radio"/> Inactive

Daily Habits

Do you smoke? ☐Never smoked ☐Current smoker ☐Former smoker

If yes, how many packs per day? _____ If yes, how many years have you smoked? _____

Daily caffeinated beverages: ☐Unknown ☐None ☐1-3 ☐4-6 ☐7-10 ☐11-15 ☐over 15

Weekly alcoholic beverages: ☐Unknown ☐None ☐1-3 ☐4-6 ☐7-10 ☐11-15 ☐over 15

Do you exercise regularly? ☐No ☐Light ☐Moderate ☐Heavy What is your stress level? ☐None ☐Low ☐Moderate ☐Severe

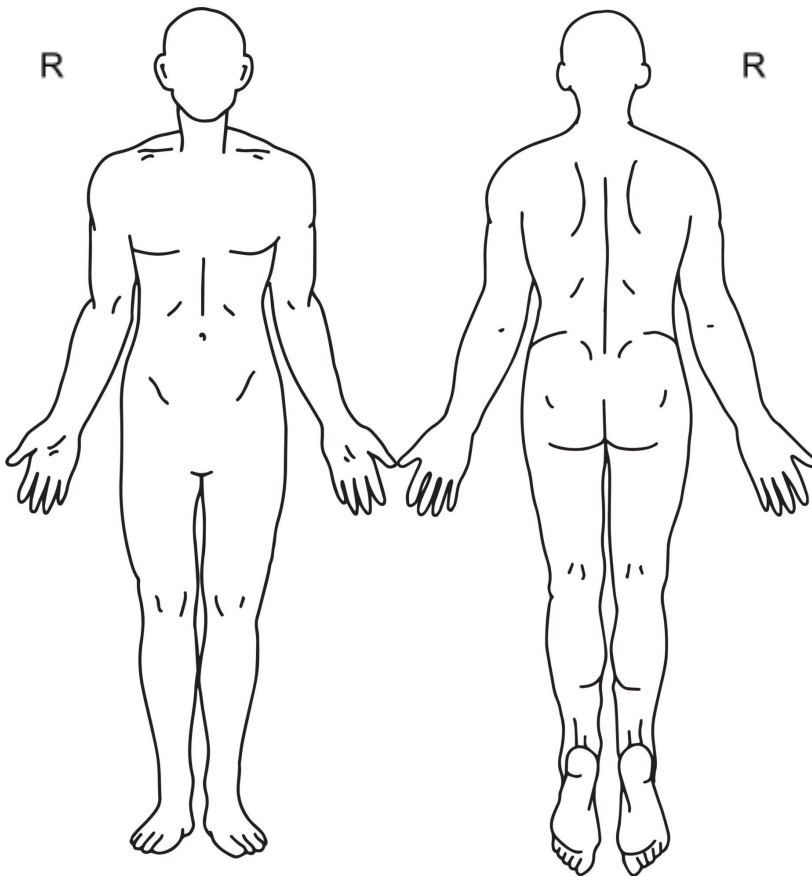
What is your sleep like? ☐Restful ☐Trouble Falling asleep ☐Trouble staying asleep ☐Other: _____

Energy Level: ☐Good ☐Insufficient ☐Erratic

Complaint

Chief complaint: What is your main complaint? _____

Location: Please circle the area(s) where you experience symptoms.



Frequency: How often do you experience pain?

- ☐ Occasional (1-25%)
☐ Intermittent (26-50%)
☐ Frequent (51-75%)
☐ Constant (75-100%)

Onset: When did the symptoms start?

Cause: Do you know what caused the problem?

Compared to when it began, is your condition:

- ☐ Same ☐ Better ☐ Worse

Intensity: On a scale of 1-10, what is your pain level today?
(Circle one)

1 2 3 4 5 6 7 8 9 10

Quality: Describe your pain

- ☐ aching ☐ burning ☐ cramping ☐ deep ☐ dull
☐ numb ☐ radiating ☐ sharp ☐ shooting ☐ sore
☐ stabbing ☐ stiff ☐ swelling ☐ tight ☐ tingling
☐ throbbing ☐ other: _____

Aggravating Factors: What makes the problem worse?

- ☐ most movements ☐ bending ☐ eating ☐ exercise
☐ heat ☐ housework ☐ carrying things ☐ lying down
☐ lying to sitting ☐ sitting to standing ☐ ice ☐ massage
☐ sitting ☐ standing ☐ stretching ☐ deep breathing
☐ twisting ☐ walking ☐ other: _____

Does the pain travel anywhere else? ☐ Yes ☐ No If yes, where? _____

Relieving Factors: What makes the problem better?

- ☐ nothing ☐ anti-inflammatories ☐ bracing ☐ chiropractic care ☐ elevation ☐ exercise ☐ heat ☐ ice ☐ massage ☐ movement
☐ painkillers ☐ rest ☐ stretching ☐ walking ☐ wraps ☐ other: _____

What daily activities are affected due to the problem?

- ☐ caring for children ☐ driving ☐ eating ☐ exercising ☐ hygiene ☐ housework ☐ lifting ☐ sex ☐ sleeping ☐ social/recreational activities
☐ toileting ☐ using technology ☐ walking ☐ working ☐ other: _____

Have you been given a diagnosis for the problem? ☐ Yes ☐ No If yes, what was the diagnosis? _____

What treatments have you tried for your condition?

- ☐ None ☐ Medication ☐ Surgery ☐ Physical therapy ☐ Chiropractic ☐ Massage Therapy ☐ Other: _____

Review of Systems

Other than your current complaint, what concerns have you experienced in the following systems?

Musculoskeletal: ☐ Never ☐ Previously ☐ Currently ☐ I don't know

If yes, please specify: _____

Cardiovascular/Respiratory: ☐ Never ☐ Previously ☐ Currently ☐ I don't know

If yes, please specify: _____

Head/Neck: ☐ Never ☐ Previously ☐ Currently ☐ I don't know

If yes, please specify: _____

Eyes: ☐ Never ☐ Previously ☐ Currently ☐ I don't know

If yes, please specify: _____

Nose: ☐ Never ☐ Previously ☐ Currently ☐ I don't know

If yes, please specify: _____

Ears: ☐ Never ☐ Previously ☐ Currently ☐ I don't know

If yes, please specify: _____

Throat/Mouth: ☐ Never ☐ Previously ☐ Currently ☐ I don't know

If yes, please specify: _____

Urinary: ☐ Never ☐ Previously ☐ Currently ☐ I don't know

If yes, please specify: _____

Gastrointestinal: ☐ Never ☐ Previously ☐ Currently ☐ I don't know

If yes, please specify: _____

Endocrine: ☐ Never ☐ Previously ☐ Currently ☐ I don't know

If yes, please specify: _____

Vascular/Hematologic: ☐ Never ☐ Previously ☐ Currently ☐ I don't know

If yes, please specify: _____

Neurologic: ☐ Never ☐ Previously ☐ Currently ☐ I don't know

If yes, please specify: _____

Psychiatric: ☐ Never ☐ Previously ☐ Currently ☐ I don't know

If yes, please specify: _____

Genitourinary or Reproductive: ☐ Never ☐ Previously ☐ Currently ☐ I don't know

If yes, please specify: _____